



Leadership and Life Coach Training for Women in Faith-Based Ministries

Synchronous Education Cohort 5 -- Now Accepting Applications

This is an interfaith, international, professional training accredited by the International Coach Federation (ICF). It promotes profound personal, spiritual and professional growth. Coaching fosters a higher level of communication with others, a core component of world peace.

What is Coaching

Professional coaching is becoming an integral part of our current society. ICF defines coaching as partnering with another in a thought-provoking and creative process that inspires them to maximize their personal and professional potential.

Program Benefits and Design

The program benefits include and are not limited to:

- Earn a Certificate from a program accredited by the ICF.
- Increase ability to engage in complex thinking.
- Develop skills in deep listening and in profound questioning.
- Strengthen communication skills
- Build on-line learning community.

Program Directors:

Sister Susan Merrie English, OSB, EdD, MCC
Sister Roberta Campbell, OSB, MA
Sister Evelyn Dettling, OSB, MA
Sister Shelly Farabaugh, OSB, PhD

Two Year On-Line Program

Year One: Fundamental Coaching Skills

Orientation Meetings: To Be Determined

2 On-Line Coaching Retreat Weekends

April 25-27, 2025

October 17-19, 2025

20 bi-weekly webinars of 1.5 hour each

Completion of assignments

Coaching Practice Clients

Year Two: Advanced Coaching Skills

2 On-Line Coaching Retreat Weekends

April 17-19, 2026

October 16-18, 2026

20 bi-weekly webinars of 1.5 hour each

Completion of assignments

Coaching Practice Clients

Open book, written exam

Personal demonstration of coaching skills

For Information, Cost, and Application

benedictinecoaching.org

Sister Shelly Farabaugh, OSB

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Application Deadline: March 1, 2025

Benedictine Coaching of Pittsburgh, LLC