



## Leadership and Life Coach Training Program for Women in Faith Based Ministries

### Synchronous Education Cohort 6 -- Now Accepting Applications

This is an interfaith, international, professional training program accredited by the International Coach Federation (ICF). It promotes profound personal, spiritual and professional growth. Coaching fosters a higher level of communication with others, a core component of world peace.

## What is Coaching

Professional coaching is becoming an integral part of our current society. ICF defines coaching as partnering with another in a thought-provoking and creative process that inspires them to maximize their personal and professional potential.

## Program Benefits and Design

The program benefits include and are not limited to:

- Earn a Certificate from a program accredited by the ICF.
- Increase ability to engage in complex thinking.
- Develop skills in deep listening and in profound questioning.
- Strengthen communication skills
- Build on-line learning community.

## Program Directors:

Sister Susan Merrie English, OSB, EdD, MCC  
Sister Roberta Campbell, OSB, MA  
Sister Evelyn Dettling, OSB, MA  
Sister Shelly Farabaugh, OSB, PhD  
Jane Rahenkamp, MS, PCC

## Two Year On-Line Program

### Year One: Fundamental Coaching Skill

Orientation Meetings: Sept 9 & 23, 2026  
Oct 7 & 21, 2026

#### 2 On-Line Coaching Retreat Weekends

November 7-9, 2026  
May 21-23, 2027

20 bi-weekly webinars of 1.5 hour each  
Completion of assignments  
Coaching Practice Clients

### Year Two: Advanced Coaching Skills

2 On-Line Coaching Retreat Weekends

November 5-16, 2027  
May 19-20, 2028

20 bi-weekly webinars of 1.5 hour each  
Completion of assignments  
Coaching Practice Clients  
Personal demonstration of coaching skills

### For Information and Application

[www.benedictinecoaching.org](http://www.benedictinecoaching.org)

Sister Shelly Farabaugh, OSB

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Application Deadline: September 2, 2026

Tuition for the two-year program: \$5000.00

**Benedictine Coaching of Pittsburgh, LLC**

**This program is accredited by the International Coach Federation**